

JAM SESSION

WEEK
FOUR

Day 1

Read Luke 5:18-20

You've probably heard the saying, "Two heads are better than one." That's because when we come together to work on a problem, we have more ideas, more strength, and more people to accomplish a task. When we cooperate to help each other, it's amazing what can happen!

Who is someone in your life who needs help? Do you have a neighbor who is elderly and can't mow her own lawn? Even if you're not old enough to mow it yourself, maybe you could talk to your dad about mowing it for her while you keep her company. Or maybe one of your friends is at home sick. Maybe you could ask your mom to help you make some soup or some cookies to cheer him up. Write down who you know that needs help and how you can enlist someone else to help you help that person!

Now go and do it!

THANK God for accomplishing the impossible through cooperation.

Day 2

Read 1 Corinthians 12:20-25

Why is it important to floss and brush your teeth? If you answered to prevent cavities and keep your teeth nice and white, you're halfway there. Did you know that the health of your teeth affects the rest of your body too? When your gums aren't healthy, you are at higher risk to get sick in other parts of your body—like your heart and how your body processes sugar.

That's a clear example of how the different parts of your body, even the smallest, were designed by God to work together. When we neglect just one part of our health or body, the effects can be bad. On the other hand, when we pay attention to every part of our bodies and how they work together, we can stay healthy and active.

God designed us as humans to work together that way too. He expects us to take care of each other. When we reach out to help, usually those same people will turn around and help us when we need it most. When we cooperate, we can change each others' lives for the better.

So today when you floss your teeth, for every tooth you floss, name one person who has helped you, or who you have helped.

ASK God to help you help others.



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Day 3

Read Ephesians 4:16

Love is like the glue that holds us all together so that we can do the work God has for us to do in the world. Without love, it's hard to cooperate.

With a parent's help, cut out a paper heart. Ask your parent for an old magazine or newspaper and cut out the letters to spell the word "cooperate." Glue the letters on the heart. Notice how each letter is different—different shapes, sizes and colors—but that the glue (like love!) holds the letters together so they can spell cooperation! Hang the heart somewhere to remind you that God's love can help us help each other.

LOOK for examples of cooperation in those you respect and copy what they do.

Day 4

Read Hebrews 10:24

Think of a time when you were in a group or on a team where one person just wasn't willing to cooperate. People like that can ruin things for everyone else when they refuse to work together. It's important to cooperate, not just because you can get more done, but also because you can model and show others what teamwork looks like.

Take the heart that you made on Day 3 and put it up somewhere in the house where everyone can see. Every time one of you catches someone else cooperating, write their name on the heart and let them choose where they want to move and hang it. Try to see who can get their name on the heart and move it the most before the heart is full!

KNOW that cooperation can be contagious!

