



Flight Plan

5

Read Matthew 6:9-13

Day 1

Jesus told us exactly how we should pray: Praise God, telling Him how amazing He is. Tell Him that you want what HE wants for your life. Ask Him for what you need for the day. Ask Him to forgive you for anything you've done wrong, and ask Him for help to choose the right thing.

What do all of these things demonstrate to God? _____

If you answered "respect," you're right! All of the parts of the prayer that Jesus shared—as an example of how to pray—show God how much we respect His authority.

Pray a prayer now, following that example—giving Him praise, asking for His will to be done, asking Him for what you need today, for forgiveness, and for help in making the wise choice.



THANK God for sending us Jesus to give us a perfect example of how to talk to Him.

Read Matthew 6:7

Day 2

Awesome! Cool! Amazing! Those are words that we all probably use over and over again. What are some other words that you and your friends say a lot?

As long as the words you're using are good ones, it's not a big deal to say the same thing over and over, but sometimes when we get in the habit of saying something, we don't even notice what we're saying!

Jesus called the Pharisees out for the way they were praying. They thought the more words they used and the bigger the words they used, the more holy they would sound. The meaning behind the words often got lost as they tried to one-up each other with their prayers.

Have you ever found yourself saying the same prayer over and over, not because you really meant it, but just because it was habit? Or maybe you had heard someone else pray that way and you thought it sounded good. Remember that the words you use when you pray to God should have meaning and come from your heart—after all, you're talking to the Creator of the universe!

ASK God to help you "keep it real" with Him when you pray.



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Read Psalm 34:1-2

What do all of these words mean?

Merci
Gracie
Danke
Gracias
Cheers

If you guessed, "Thank you," you're right. If someone does something nice for you, what do you usually do? You thank them! Now, who has done the nicest thing EVER for you?

That's great—but you know what? God's done something no one else ever has or could—He sent His only Son to save us so that we could be together with Him now and forever. So God deserves our thanks every time we pray. It's one way we can show Him respect.

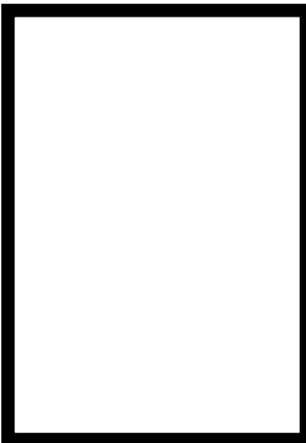
LOOK for things throughout your day that you can thank God for.



Day 3

Day 4

Draw a picture of your favorite meal below.



If you're like most kids, you probably drew pizza, chicken nuggets, macaroni and cheese, hot dogs, or spaghetti. But sometimes if you go to a restaurant, they may not have what you want on the menu. If you go to a pizza place, what do you order? Pizza, right? You wouldn't walk in and demand a plate of nuggets, would you?

Perhaps that's how it sounds to God when we tell Him what we want. Instead of treating God like a restaurant where we demand things our way right now, we should approach God with respect. That doesn't mean we can't ever ask Him what we want—after all, He knows what we want anyway!—but it does mean that we should recognize that He is the One in charge, and He knows what is best for us.

KNOW that God knows what's best for you.

Read Proverbs 3:5-6